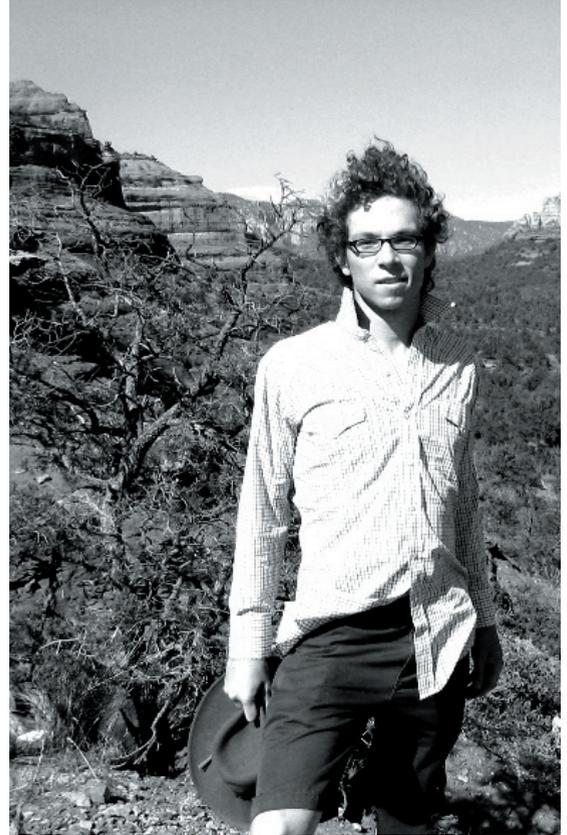


ROCKHOUSE RUMINATIONS
ON HUMAN HARMONY



NATHAN ROBERT JANOS

The Rockhouse Ruminations were gathered during July and August, 2004 while living in Topanga Canyon, California.

Thank you Susan for giving me the space to think.

Thank you Liza for taking the time to help edit the ruminations and make suggestions.

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The stars: the original drive,
the seeds of wonder.

That we *can* wonder: that is the source,
the water for those seeds.

Be comforted:
everything is just as it should be.

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Inspirations

These are not my ideas, nor do I claim that anything I produce is owned by me. I do not feel ownership over “my” creations, for I feel that what comes out of my hands and mind comes from the hands and mind of “the all.” I do not believe in a distinction between what is me and not-me, between what is mine and not-mine.

You may find that I have repeated one of “your” ideas or one that you have heard before. How could I have not borrowed ideas? I am only a reprocessing of a conglomerate of past experiences. Among my greatest inspirations are the following:

Time spent in dreams and wilderness

Steve Hoey

Alan Watts

Nietzsche, Wittgenstein and Mandelbrot

Western science and Eastern philosophy

Our ancestors and ancients

Main Points

Our biological evolution has yielded a technological evolution which is “out of control.”

We are connected to every part of the universe.

We exist both inside and outside the “boundary” of our skin.

We must continually strive to create a harmonious existence in this universe.

A harmonious existence is one in which life continuous to evolve, change and expand.

We must avoid extinguishing life. This is a primary component of life.

Continual re-evaluation is essential.

Humans are not unnatural.

There exists techniques to help guide you to harmony:

Understand the current state of human existence in terms of biological and cultural evolution.

Understand and relieve yourself of misconceptions arising from our biological and cultural history of evolution.

“Gut feelings” are important and must be listened to and tapped into whenever possible.

Humans already possess all the “answers” if they know how to look into themselves.

The key to harmony is living within your biological and cultural contexts.

You are inherently good.

All life has the right to exist.

My Writing Conventions

I make free use of real-life examples mixed with analysis, freestyle philosophizing and open-ended questioning. Please do not approach my writing with the assumption that there is some solid nugget of universal truth that all people should receive, for each person must take away their own unique universal truths. To a large extent, my writing is what you, the reader, make of it, not what I may seemingly intend for you to make of it. I only intend that you be inspired to transform your ideas and create new more harmonious ones within the framework of your personal existence.

The use of quotations around a word or phrase indicates that the true meaning of the word or phrase is something other than it is traditionally believed to be.

I have tried to be consistent in my writing and ideas, but any sufficiently formal axiomatic

system, such as written language, is inherently inconsistent and flawed. I apologize now, but I do hope that I invoke those truths within you that can otherwise only be passed on between us in silence.

I have attempted to keep the language, style and ideas as concise and available as possible, but I do not attempt to mask more eclectic ideas that I believe should be more main-stream, such as Godel's Incompleteness Theorem. Any idea that seems confusing is only an internet or library search away if you want to unlock it. Remember, what one fool can do another can.

I have also attempted to keep this writing short and concise. I want to encourage people to read it, not intimidate with size, style and length.

This is my first attempt at creating a piece of writing intended for this purpose and I hope that it is the seed which will grow into something much greater with your help. Every tree starts as a seed. With your help and thoughts this seed will sprout. I am writing to *you*.

The Goal of These Words

Harmony is the pleasing combination and articulation of the elements of a whole.

I write these thoughts with a specific purpose in mind: I want to be able to help people live their lives in a way that is more harmonious within the context of our existence, namely spaceship earth and the universe in which it sails.

Why write for you? Because I want to uncover truths that exist within my spirit and offer them, humbly, as gifts to you. It is worth our time to periodically focus our efforts on pure divination of these self-spirit discoveries, for they are the truth.

Be gentle with yourself as you travel through your life stages. Rejoice and celebrate your naive and slumbering nature of yesterday, uncover and dust off your new nature of today and become excited as you contemplate the

unimaginable self-spiritual growth of tomorrow.

Become more than yourself through observation of yourself. Become more than this through observation of the greater spirit of your interconnectedness with others.

We are beings which have been given the gift of extraordinary abilities of abstraction. The human mind is like the feathers of a peacock—it is the result of a biological process that has progressed to extremes. The feathers of a bird may become excessively burdensome in sexual selection, so much so that some physical features may threaten survival of the animal, although at the same time it is this process that is necessary for the healthy survival of that species. Human beings are unique organisms because our physical feature which has grown most “out of control” is our brain. There are more connections between the neurons in our brains than atoms in the universe.

This places us in the same position as a bird with feathers so heavy that it can barely fly.

It is required that the bird carry these heavy feathers because its species requires that they are heavier and more colorful at each generation in order to attract a mate. Likewise, our brains have become more complex at each generation because it is this complexity which gives us the ability to reason abstractly, and it is this ability to abstract like no other known entity that has given birth to language, technology, art, science, religion and culture. These abstractions demand that they are expanded and combined in ever more abstract ways that build on the foundations of previous generations of abstraction. So, we are left with no choice but to continue building our human abstractions. For example, it is impossible to imagine returning to our pre-agricultural times, for we would not be able to support the billions of hungry people that now inhabit the earth. Abstraction and technological advances are products of the natural progression of harmony.

So, in order to approach a more harmonious evolution of our species, of our planet’s many lifeforms, and of our position in the universe, we must learn how to steer our paths in a di-

rection that will forever yield more harmonious situations.

I want to light the fire in your spirit that is alight in my own. I cannot do this directly with words, but I hope that these words will help you learn how to spark your own flame.

Biological vs. Cultural Evolution

The source of all dramatic changes in the way people live around the world is caused by the relationship between the state of human biological/chemical/neural evolution and human cultural evolution. Cultural evolution includes modern day science, religion, philosophy, mathematics, technology, politics, language and art. The general “cultural evolution” of which I am referring to is the evolution of all those things interacting together.

It is likely that these two parts (the biology and the culture) of modern humans evolved together in intimate interaction. The primary characteristics of biological evolution are the genetic pathways into the past that link us to other lifeforms and also to our past human ancestors. These genetic codes link us to each other and to our family members. Our modern human genome manifests itself in the

physical universe as a chemical and mechanical machine, as an organism with an abnormally large cluster of specialized cells that happen to be particularly good at processing information—or ordered pieces of the universe—expressed in the medium of chemicals and electricity. This amazing result of evolution is the human brain.

Now, this brain obviously works in ways that evolution has determined it to work. So, it seems that the human niche in the environment has become quite unique. We make our living, and are thus here to begin with, primarily through one property: our neurobiology being able to process and react to physical stimuli in ways that are unprecedented in other organisms—or at least in lifeforms that we know about at this point in time. Our brain's amazing architecture is only partially rivaled by human cities, world-wide communication networks and the intricacies found inside the silicon cities of computer chips.

So, this human brain of ours is constantly spinning crazy ideas. It is processing and organizing physical stimuli in ways that have

never been used before on earth for survival. In fact, it may be organizing the universe in ways that are unique at this point in time for a radius of thousands of light years around the earth. The brain operates by processing the world in abstract ways. This is the process that begins in the development of a child's brain. This is the same process involved on an epic scale in the development of culture in human history.

The primary characteristic of human cultural evolution, then, is that it exists in the medium of abstract representations in the brain. Through human ingenuity we have been able to create abstract systems that are manifested in different human brains as the same thing. For example, we can teach a child about the abstract representation of a triangle even when they are young. We can be fairly certain that two people can have in their minds sufficiently similar ideas (or chemical and neuronal processes) of triangles so that one person can communicate to another the parameters of a particular triangle (the three lengths and the concept that they are attached end to end in a cyclic fashion, for instance).

This second person will be able to build a triangle in the physical universe out of wood and the first person will say, “Yes, that is the exact triangle that I was thinking of.” This may not seem so amazing—but on a second look it is—for the most complex mathematical ideas are nothing more than elaborate “triangles” that we are communicating to one another. This is how our dreams and ideas become manifested in our physical reality.

Plato used this abstract triangle idea as the most basic building block of his representational universe. It is an example of a state of our human cultural evolution long ago and an example of one of the primary attempts at understanding that began our current epoch of scientific discovery. We have built on these abstractions and have gathered abstract ideas into the forms of religion, mathematics and philosophy. Humans use these ideas to pass information to each other forming a continuity of culture that supersedes any single human life no matter how influential any one discovery may seem. Science, just to take one of these constructs, is an example of a process of discovery and elaboration on his-

torical human knowledge.

So, we have an ongoing biological evolution intertwined with an ongoing cultural evolution that rides on the waves of generations of humans crashing all over the surface of the earth.

These two evolutionary processes are proceeding on different curves and cultural evolution has now given humans the power to overcome biological evolution. Cultural evolution has now grown to play a much greater role in our lives than in previous times. This is the major cause of all the changes seen in how people live in the world today. Cultural evolution is moving at a tremendous speed now and we seem to have little control of where it is heading because all this extra “artificial” potential that we have been able to afford ourselves through technology manifests itself in ways that the *past* human biology cannot necessarily understand and it is not immediately compatible with *future* cultures. As humans we tend to march forward without looking where it is we are headed. Why would we be to blame, for our ancestors

and evolutionary roots did not require us to contemplate our effects on the universe in the large temporal and spatial scale in which we now live. We now must take this new step and realize that we are headed towards a state of total power of manipulation on the world around us.

We are the ancient technologies of biology and DNA augmented with the nubile and incubating technologies *created* by the extremes to which our old biologies have evolved.

In general, we decide to kill ourselves with excess because that is what our old biologies are telling us to do! Eat, fight, hunt, kill, reproduce, eat: because those are the roots of our biological evolution. But, now we have mathematics and many other complicated abstractions that we decide we need to pass down to our next generation in hopes that we will be able to create similar comforts in the form of feelings and thoughts in people for many generations after any one person's death. These same things also allow us to manipulate the physical universe in ways that we have never dreamed of before, and

thus, surely in ways that our biologies were not evolutionarily intended to contemplate, for our technologies and cultural progression cause changes to our biologies faster than we can adapt through the traditional means of phenotypically expressed genetic evolution.

I propose that the most important collaborative human endeavor at this point in time should be to understand our biologies and our cultures on a large time scale (perhaps on the order of 1,000 to 10,000 years in the future). We need to understand how they react to one another and we need to use both our biological nature and our cultural prowess in abstract representations to *overcome* any inharmonious interactions between our body and our mind. Understanding these processes is our only enemy and at the same time the only way to save ourselves.

I believe that it is possible to overcome negative interactions between our biology and our mindology. We will only ever be truly happy when these two polar human parts and the spectrum between them make harmonious music in the space of time and energy. It's

either that or we are doomed to destruction and extinction.

Life is inevitable, but human life as we know it now is by no means the status quo.

Interconnectedness

Western thought and science are at fault in assuming that any one thing can exist isolated, especially in the case of living organisms, where the nature of reality becomes much more complex. It is ignorant to evaluate a tree or bush or human alone and outside of its natural surroundings because nothing came into being just by itself, and indeed, nothing could possibly have become what it is today without everything else around it. This is true to such an extent that we are connected to and dependent on every atom and instance of time in the universe. Of course, we are connected more strongly to some parts of the universe than others, but nonetheless we are connected to all parts of the universe. Our eyes would not exist in their current form if light was not radiated from the sun in its current manner. Likewise, the universe would not exist in its exact current form without the corresponding life that calls it home.

We do not exist just inside of our skin. We do not exist just in our head or in a finger. Our bodies do not stop at the boundary of our skin, although our brains tend to encapsulate the physical universe in this way because it has become convenient for the continuance of our organism to understand the universe around us in these terms. Think about it for a moment: where are *you*? Certainly not in any one part of your physical body. Maybe you think you reside inside your skull, but then in which half of your brain do you reside, and in which half of which half of your brain? In which synapse?

A fish's nervous system is "designed" to deal with movement through a three dimensional viscous liquid without questioning any innate mechanics of swimming. In the same way our brain is "designed" to know how to move our organism upon land. It is also designed to pay special attention to things at about an arm's length away, because parts of the approximate universe which are about an arm's length away have a greater impact on our immediate situation—at least in the primitive environments in which we evolved.

A living system cannot exist alone and solely as the sum of its mechanistic organs and an organism cannot have come into existence alone. In truth, the whole earth can easily be called a single organism which has changed in complexity over time. But, obviously, the earth cannot exist alone and, certainly, the seasons on earth could not exist without rotation around the sun. The sun could not exist without the context of the galaxy within which it glides on a gravitation track. This line of thought shows that we are intimately connected to and reliant on every part of the universe, regardless of how "distant" it may appear at first. We are a component of the whole system of the universe and nothing less.

Humans are Not Unnatural

One of the major misconceptions that I have carried with me in my life is that humans are fundamentally unnatural. I believe this idea to be dangerous and unhealthy. To feel that your existence is at odds with your environment will isolate you and create a feeling of unrest that necessarily inherent in the true nature of human presence.

Why is it so easy to think that humans are unnatural, at least in some way? I believe that this misconception first enters the human mind in something as simple as the abstraction of the straight line. The “natural world” does not seem to be based on the straight line. Entropy seems to abhor such order and we seem to be acutely aware that straight lines are not favored except by human engineering ideas.

So, the straight line and the square, the box, the house, concrete structures, automobiles,

synthetic chemicals, genetically engineered foods, acres of land marked out endlessly in rectangular plots, mathematics, language and all else that follows seem to be “human-made” and unnatural simply because all these things would not exist without the effort of humans. But, just because all of these things exist nowhere else that we are aware of does not mean that they are unnatural. Bee hives don’t exist without bees and ant hills don’t exist without ants. And, what are we if not large-scale ants and bees? We are only different if you think our engineering feats truly more marvelous than those of other parts of nature. Certainly, when compared to the large scale of the universe in which we reside our feats become almost inconsequential.

Imagine for a moment that you are a visitor coming to earth for the first time. As you look down onto the surface of the earth you see that there are small beings partitioning the land into areas designed for cultivation, living, recreation, working and waste disposal. This is not unlike the partitioning of the earth by a colony of ants. It is hard to see that we are natural because we are down inside

this large human-man tangle of machines, chemicals, laws and straight lines. Nonetheless, since humans are as natural as any other part of the universe then the products of our existence must fundamentally also be natural. There is no magical boundary between the “unnatural” and natural. The unnatural is an illusion for there is truly only the natural.

I would argue that there are many other human-like civilizations in the universe. Indeed, some of them would put the seemingly “unnatural” aspect of our existence in a very “natural” light in comparison. Still, even these hypothetical hypernatural beings will still be purely natural in the context of the universe.

Only when man is a temporary visitor into wilderness can he begin to understand his universal place. The wilderness is not wild, but rather our home and our heart. Living apart from wilderness is wild.

The Hypothesis of Harmonic Neurology

Instead of trying to search for the best way in which to conduct our lives in order to seek out some goal, let us instead define the characteristics of the process we seek first and then learn how to reach this state.

Let us assume that consciousness is a process of neural and physiological activity that perpetuates itself as a sort of feedback loop or as a re-entrant system. The space in which this process of feedback is happening is multi-dimensional. Our mental state can reside in and move through a space of many dimensions. This is the dynamic core, as Gerald M. Edelman and Giulio Tononi call it in their publication entitled *A Universe Of Consciousness*.

Let us define the harmonic dynamic core as one with the following characteristics:

It is consistent and changes in time through

the neural space in a smooth and non-dis-jointed manner.

It perpetuates itself.

It is robust and able to rebound from many different types of outside input.

The quality of the mental state is considered to be “good” by that particular consciousness in which the dynamic state manifests itself.

If it is possible to create the existence of a mental state with these properties in any given neural dimensionality then, indeed, it is possible to reach a harmonic state of being.

What do we do with our lives, then?

Every person needs to seek out their own unique way of life, for every person is unique and thus exists in a unique pattern and process. Think of your life as an instantaneous event: a drop of water in the sea of the universe. Each human makes ripples in this water and we have choices as to what type of ripples we make. These ripples extend outward to all the corners of the universe as well as effect those humans close to you in both space and time. Do not live your life in the pursuit of personal recognition, for it is guaranteed that you will not be remembered for long. Most of us will be forgotten within several generations after our death. Even those remembered for thousands of years will inevitably be forgotten, for recorded human history is essentially an instantaneous event in comparison to the life of the universe. All of our history books, all of our great cities and history laden languages

and religions will one day cease to exist. Life as we know it will have moved onto unimaginable new stages of development or will have ceased completely and we must accept this as a fundamental truth.

So the best thing you can do is leave the most positive ripples as humanly possible for those who will live after you. Even if your name is not remembered your effects on the universe will forever be experienced by those lives and new lifeforms that come after you. Your unique manifestation in the universe, that you commonly call “you,” may exist again in its exact form. What kind of ripples do you want to leave for *you* to re-experience in the distant future? Even if we consider ourselves to be “insignificant” in the universe our far-reaching effects on the universe will re-emerge and bubble up in the future and cause other “insignificant” effects in distant places.

Mathematics: A way of understanding?

Mathematics is just one specific example of the human tendency to use our phenomenal powers of abstractions to “create” logical constructs. So, when discussing mathematics, as an example, the same applies to language, scientific theories and any axiomatic system in general. When we try to pin down the universe into a set of rules it follows we find that is it impossible. All we are really ever going to be able to do is *try* to pin it down, for the nature of the universe is such that it can never be described by a set of rules that can be used to communicate all possible constructs in the universe. The only system large enough to describe the universe is the universe itself. We will forever find ourselves in a bind when we try to use any formal axiomatic system to sweep out the cobwebs in the dark and questionable corners of existence.

In reality we will never make rules that the universe follows, but only rules that follow the universe.

So, why bother with logical systems? Well, the beauty and power of logical systems is that they are highly self-consistent, although never *perfectly* self-consistent (again, as proved by Godel's Incompleteness Theorem). Mathematics is like a very complex and well oiled mechanical machine in which we are always adding new gears and cogs. The problem is that there will always be other machines which will be impossible to connect with the main machine of mathematics given the gears and cogs that we have available to build those machines. The beauty, though, is that this machine is still quite amazing when compared to some of the more macroscopic manifestations of our biologies. We can, for instance, use mathematics as the basis for building flying machines that safely and consistently deliver us to all parts of the earth, thus reducing the effective physical size of the earth. Likewise, we can use our understanding of physics and math to create new communication devices—information deliv-

ery systems—that increase the distance that we can yell to each other. We can also harness the intricacies of our biological chemistries to create new medicines and procedures which “artificially” augment our health and extend our life span.

Did we create mathematics or discover it? Well, in one sense it probably helped create *us*, as our evolution most likely took place with the evolution of logical thought, but we did not create *it*. We discovered mathematics in the universe around us and in the universe inside of our heads. We simply take advantage of inherent self-consistent neurological processes that have evolved in our brains.

The magic is that some of these basic self-consistent processes inside our brain are common patterns in both the organic and inorganic universe. We certainly did not create π , the golden ratio, e , the Fibonacci sequence or the optimal packing of circles in two-dimensional space. The latter two of these concepts are templates of understanding that govern many organic and inorganic orderings of the universe. This is probably why they occur in our

logical and human understanding of the universe: because they govern the physiological and chemical structure and composition of our brain and body.

For example, it is well known that the visually apparent spirals in the head of a sunflower follow relationships in the Fibonacci sequence. This happens to be a by-product of any growth process which grows from a singular point outwards, such as the growth of seeds in the head of a sunflower from the center. Well, this simple growth process happens to produce the optimal packing of seeds in the surface of the sunflower, which is exactly the optimal evolutionary situation for the sunflower. It so happens in this case that a simple growth process is also the optimal growth process. Is it any wonder, then, that we see the Fibonacci sequence manifested so universally in the processes involved in growth and life? No, indeed not, and we should probably regard the sequence of numbers in the Fibonacci sequence as more fundamental than the counting numbers (that is 1, 2, 3, 4 and so on) as a tool for understanding the universe. It is only when we express the Fibonacci

sequence in our arbitrary system of counting numbers that it seems foreign, for we should more appropriately express counting numbers in terms of the Fibonacci sequence. Such constants as π , the golden ratio and e , then, should not be regarded as mysterious outsiders in the world of our abstract number system—irrational, as they are coincidentally called in mathematics—but as the most natural templates or paintbrushes with which the universe has been painted.

The problem, then, with mathematics and all logical systems of understanding is that the medium in which they exist will always fall short of the medium which is required to explain human life. Do not try. We do not live in a smooth universe but rather a universe which has amazing detail when viewed at any scale. This is the fractaline, or rough, nature of the universe as the father of fractals, Mandelbrot, expressed it to me in a lecture once. Many of the greatest thinkers of the 20th century, such as Wittgenstein, Godel and Mandelbrot, have independently come to equivalent conclusions: that we live in a world which cannot be completely described by logic, communicat-

ed by language or mathematics and a world which is complex when viewed through either a telescope or microscope.

Why life here?

I heard a prominent astrophysicist say that if you take the largest constants in the universe and divide them by the smallest constants in the universe and take the square root of these seemingly arbitrary numbers that you almost always get numbers in the range of 1 to 10. There is not an understood reason for this. Perhaps it is because our brains produce both the arbitrary concept of numbers and the mathematical formulas in which the constants must reside in an attempt to produce predictable results. I propose that life as we know it is a phenomenon which occurs as a fractal process at the boundary between that which is very small and that which is very large, between the microscopic and the macroscopic, between inner space and outer space.

River: You live wherever water must
run.

The anomaly of life
lives there too.

Life: You sprout at the boundary

between the sparse and the dense
justified by the mystic.

It's at this boundary where life thrives in chaotically fertile pieces of the universe. Trees take their dirt and water and stretch their fractal fingers into the sky. Humans absorb plants and animals and their DNA uses base-4 computers to build tissues which encode the proteins and processes of life.

Continual Re-Evaluation

It is essential that people take into account that each possible way of life must continually be re-evaluated if they are to stay alive and relevant.

Just as constitutions usually allow for revising, your approach to harmony with life must also allow for revising. The context in which you live constantly changes and will not repeat itself, so you too must also constantly assess what parts of your personal government you must change.

It is important to keep in mind that no single structure for an approach on life will ever remain the same *except* for the fact that no approach to life will ever remain the same. You should allow for change to be the only constant factor. You should embrace this.

Techniques for Harmony

Look from the outside of the box. Look down onto the problem from outside of the problem.

Look from the other side of the problem: put yourself into the proverbial shoes of the problem.

If a problem seems too complicated then reformulate it as something more simple and see if any underlying structure is revealed that may then be applied to the initial problem.

Go with your gut feeling whenever possible.

Gut Feelings

I believe that each human has all the solutions to any possible human problem built into themselves. The problem is coaxing the answer back out of yourself. Intuitives are those people who are gifted at reaching into the Jungian collective unconsciousness and drawing out the answer to their problems or others'.

The most powerful tool available to humans is the concept that all the answers lie within. By practicing how to listen to your gut feeling you will be practicing how to take lessons from the ultimate teacher of the harmony of life.

Meta-Science: The Final Frontier

Where is science headed next, especially assuming that the current way in which it is structured is inherently limited? I propose that the next stage of development for science is the science of science.

One of the current fields of science that seems to hint at such a future shift is computer science. Computer science is unique in that it is completely “human-made.” We did not lift up some rocks in the universe and find computer science underneath. We did not discover computer science out in the world around us. More appropriately, we discovered computer science in the world inside our heads and used it as an abstract way of representing and manipulating information.

Likewise, I believe that the next evolution in scientific thought will be the science of pro-

cess and abstraction. We will find that all our current sciences and mathematics are just consequences of specialized types of thought and organization. By studying the science of sciences we will be able to fill in the gaps left by current scientific fields. We will be able to create a specific science for a specific problem. In the future advanced university students will study how to create sciences instead of dwelling on a single science. Our sciences are just facets of a many sided object. By learning how to look at all the facets of this “science” object we will be able to more effectively approach solutions to challenges that the universe sets before us.

Indeed, the step after that will be the science of meta-science (the science of the science of science). Any sufficiently advanced society will eventually take this path of discovery if they wish to continually expand their powers of understanding and manipulation of the universe. We will find other “objects” like our science object which have new and unimaginable facets to explore.

Press On

My family has a quote that has been passed down for four generations in America. This quote is the single most important abstraction central to my existence that extends beyond my existence. I would like to share it with you in hopes that you may glean something from it to pass on:

PRESS ON

Nothing in the world can take the
place of Persistence:

Talent will not: nothing is more
common than unsuccessful men
with talent.

Genius will not: unrewarded genius
is almost a proverb.

Education alone will not: the world
is full of educated derelicts.

Persistence and Determination
alone are omnipotent.

The slogan ‘Press On’ has solved and
always will solve the problems of the human
race.

–Calvin Coolidge, 30th U.S. President

This saying has served me well in “hard” times. Keep it in your mind and it will serve you too.

Comments?

If you have anything to add or correct in my writings please let me know so that I can more properly hone my approach to harmony. You can reach me for the rest of my life at:

necco@alum.mit.edu

